LIFE LESSONS PRESS

Moments to Share

A free sample — gentle activities to share, one moment at a time.



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A cup of tea

LOOK

A warm cup of tea, with steam rising.

TOUCH

Warm in your hands; breathe in the steam.

TALK

How do you take your tea? Who did you share it with?

YOU MIGHT SAY

I always loved a cup of tea in the afternoon.



A tulip

LOOK

Enjoy the color, or count the petals — whichever you like.

TOUCH

Tulip stems are firm and a little waxy.

TALK

Was there a garden you loved?

YOU MIGHT SAY

I always loved seeing the first tulips come up.



A cat

LOOK

A cat, sitting quietly.

TOUCH

Imagine the soft fur and a gentle purr.

TALK

Did you ever have a cat? What was its name?

YOU MIGHT SAY

We had a cat when I was young — such good company.



There's more where this came from.

The full Moments to Share has pages for every season — animals, coloring, recipes, songs, memory and photo pages, and gentle prompts — all made to share.

Get the full set

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